

NOV. 2019

Ranchers'

RoundUp

The Official Publication of the Dobson Ranch Homeowners Association



Halloween is SUPER on the Ranch!

New Members of the Board

Community Clean Up

Kids Fishing Derby Pics

Thanksgiving Trivia Quiz

and more...



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NOVEMBER 2019



On Our Cover:

It's a bird, it's a plane, it's **Kellan Hoog** as Superman... reminding us how **SUPER** our **Halloween Spooktacular** event was!

Kellan certainly was not alone in the ever-popular Super Hero costume category. Here he's joined by a few of his crime-fighting friends.

Looks like Dobson Ranch has its own "**Justice Little League.**"

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HOMEOWNERS ASSOCIATION

THE DOBSON ASSOCIATION
ADMINISTRATION OFFICE
 2719 S. Reyes, Mesa, AZ 85202
 480-831-8314

www.dobsonranchhoa.com

ADMINISTRATION HOURS

Monday through Friday 8:00 am - 5:00 pm
 Closed Saturday and Sunday

LA CASITA RECREATION CENTER

2719 S. Reyes, Mesa, AZ 85202
 480-831-7464

SARATOGA RECREATION CENTER

2345 S. Saratoga

LOS ALTOS RECREATION CENTER

2524 W. Campo Alegre

Please call 911 for reporting emergencies, vandalism, suspicious activity, etc., occurring on or to Dobson Ranch property.

Dobson Ranch Urgent Assistance
 (broken sprinklers) 480-226-9597

SUB-ASSOCIATIONS

Dobson Bay Club	
Ogden Property Management	480-897-6161
Dobson Condos	
True Star Management, LLC	602-358-0220
Dobson Glen	
Brown Community Management	480-539-1396
Dobson Greens	
Laurie Nichols	480-839-9079
Dobson Villas	
Peterson Company	480-513-6846
Laguna Village	
Tri-City Property Management	480-844-2224
Lake Park Village	
Tri-City Property Management	480-844-2224
The Landings	
Brown Community Management	480-539-1396
Legante Paseo	
Snow Property Services	480-635-1133
Water Works	
Vision Community Services	480-759-4945
Wood Creek Townhomes	
City Property	602-437-4777

CITY OF MESA

Police Headquarters/Info	480-644-2324
Fiesta Patrol Division	480-644-2614
Non Emergency Police	480-644-2211
Councilman Heredia Office	480-644-3003
Code Compliance	480-644-2061
Transportation (Street Lights, Potholes)	480-644-2160
Animal Control (Cruelty, Barking)	480-644-2268
Household Hazardous Materials Center	480-644-4463
Graffiti Hotline	480-644-3083

IMPORTANT NUMBERS

Green Pool Issue	602-506-6616
Crime Prevention/Neighborhood Watch	480-644-2539
AZ Blue Stake	602-263-1100
Salt River Project	602-236-8888

Ranchers' Roundup is the official publication of the Dobson Ranch Homeowners Association.
 Nancy Roggio, Editor - nroggio@dobsonranch.com

The articles and comments in this monthly publication are intended to inform, illustrate or provide explanation to members of the Association, and do not necessarily serve as official opinions of the Board of Directors, staff, nor its members. As such, we do not make any representation as to the validity or qualifications of any advertiser or contributor.



The official publication of the Dobson Ranch Homeowners Association

This magazine is delivered to all homeowners in the Dobson Ranch Homeowners Association on a monthly basis. This magazine is also distributed to surrounding businesses and office complexes. You have received this publication because your HOA believes you take pride in your home environment and community. This magazine provides you with HOA information and home product advertising that enhances your home comfort and increases the value of your home. We are always interested in your comments or suggestions.

While efforts to ensure accuracy are executed, the publisher assumes no liability for the information contained in either editorial or advertising content. The Dobson Ranch HOA does not endorse any commercial products or information that may be advertised in the newsletter.





New Board Members Announced

It was announced at the October Open Session Board Meeting, that three Board Members had resigned: **Ron Ricci**, **Mike Kassel** and **Gary Smith** turned in their resignations, which were received by the Board of Directors on October 17, 2019. The Board would like to thank these gentlemen for their service to the Association.

The Board, having three nominees for the vacant seat previously announced, voted to appoint all three nominees to fill three of the four Board vacancies.

Article 6.5 of the Bylaws states, "In the event of a Board vacancy resulting from a Board Member resignation, removal, or death, the Board may, at its discretion, appoint a Qualified (Section 5.7) Dobson Association Member to fill the unexpired term. Appointment shall be by a majority vote of the Directors at a regularly scheduled meeting of the Association."

As such, the Board made the following appointments:

- Michael Snedeker** - for the term ending in April 2020
- Michael McAfree** - for the term ending in April 2020
- Stephanie Fee** - for the term ending in April 2022



M. Snedeker M. McAfree S. Fee

With the resignation of the President and Vice President, the Board of Directors appointed the following positions:

- Sandy Murray** - President
- Allen Johnson** - Vice President



S. Murray A. Johnson

Rest assured, the business of running the Ranch will continue and the Board is committed to serving the members of The Dobson Association. There will be another call for nominees for the remaining vacancy for those residents interested in serving on the Board (see details on page 5). That vacancy will be filled at the December Open Session Meeting.

Executive Director's Message



By Lynelle Glysson
Executive Director

Taking Care of Business

As some things change, some things stay the same. We are in the business of running the Association with the direction of the Board of

Directors and in the best interest of the Association and its members. Some of the things we've accomplished recently are the completion of the newly installed tennis courts at Saratoga Recreation Center, and replacing the beams on the ramada at Laguna Park.

There are many projects we currently have in the works. We are correcting some neglected items such as broken curbs, updating informational signs, and painting the many areas that need a fresh coat of paint. We have engaged an electrical engineer to give us plans for updating electrical issues around the Ranch. The footbridge at Lake 1 is also being refurbished.

Our new website design is in progress. Nancy is working closely with the website developer to ensure it is aesthetically pleasing and easy to use. On our current website, we are now posting video recordings of the Board of Directors meetings. To see them, sign into the Members portal on our website and look under the heading "Agendas".

The Board will review the reserve study and I anticipate it will be approved at the November meeting. Then we will have our marching orders for projects in 2020. With the focus on addressing some infrastructure issues such as electrical, we will get those items checked off our list and then focus on some cosmetic concerns and the updating of common areas.

The health of our lakes is very important to the Board and Ranch residents. We will present aeration proposals to the Board for their review and approval. Aeration will help with the overall health of the lakes and the fish that we stock and swim in our lakes.

There is much to do and if you are interested in getting involved, the Ranch has several committees where volunteers are needed. Please contact me at lglysson@dobsonranch.com if



Saratoga Tennis Courts

you would like more information on any of our committees, or simply check our website for a complete list of Ranch committees and their descriptions.

The Dobson Association, Inc.
Board of Director's Open Session Meeting
La Casita Recreation Center, Grande Room, 2719 S. Reyes
Thursday, November 21, 2019 • 7:00 pm



Message From the Editor



By Nancy Roggio, Communications Manager

THANKSGIVING TRIVIA



Before you sit down to watch football or devour a drumstick, take this **Thanksgiving Trivia Quiz!** You're sure to wow your holiday guests with more than your delicious turkey dinner -- you'll blow them away with your plethora of knowledge about the holiday and its traditions.

1. What year was the celebration that is most commonly attributed as the first Thanksgiving?
2. How long did the first Thanksgiving celebration last?
3. Who was the first American president to declare Thanksgiving as a holiday.
4. Which one of America's founding fathers suggested the turkey, rather than the bald eagle, be the national U.S. bird.
5. Which president began a tradition of turkey pardons.
6. **True or False:** Two turkeys earned a trip to Disney World on Thanksgiving Day in 2007.
7. **True or False:** Eating turkey does, in fact, make you sleepy.
8. **True or False:** Native Americans used cranberries for more than just cooking -- the fruit was used as a medicine and as a fabric dye.

9. **True or False:** College football played on Thanksgiving has been a tradition since 1976.
10. **True or False:** The Macy's Thanksgiving Day Parade has become a staple because the department store was the first to sponsor a parade in celebration of the holiday.
11. How does the Macy's Thanksgiving Day Parade always conclude?

Whether you get all of these trivia questions correct or your goose gets cooked, I hope you have a **Happy Thanksgiving!**

No matter how you choose to celebrate the holiday or which traditions you choose to honor, the basic premise behind Thanksgiving is universal: taking a moment to express gratitude for all of the blessings in our lives.

This year as you gather 'round the table, take a moment to express what you're most thankful for... **including residing in Dobson Ranch... the best place to live!** (And... the fact that your turkey was not one of the ones pardoned by the President!)

Answers to Trivia Quiz: 1. 1621 2. 3 days 3. George Washington 4. Benjamin Franklin 5. Harry Truman 6. True - President George W. Bush pardoned "May" and "Flower" who became honorary grand marshals for the Disney World Thanksgiving Parade. 7. True - Turkeys contain tryptophan which is a natural sedative. 8. True 9. False - It's been a tradition since 1876. 10. False - Gimbels, a Philadelphia department store, was the first to sponsor a Thanksgiving Parade in 1920. 11. With the arrival of Santa Claus.

Send your reviews, comments, and suggestions for future issues to nroggio@dobsonranch.com.

Historians believe the Pilgrims served wild game and vegetables, instead of turkey, at the first Thanksgiving.

Approximately 46 million turkeys are eaten on Thanksgiving each year.

The Macy's Thanksgiving Day parade began in 1924 with only 400 employees.

Pilgrim means foreigner or traveler from afar!

The state of California consumes the most turkey!



The Dry-Up Is Coming!

by Craig A. Wilson, Water Resources Manager

The annual **Salt River Project** canal dry-up will start on November 20, 2019. SRP shuts down their canals for cleaning and repair as the canals accumulate all kinds of debris that can clog the gate valves that control the flow of water to our lakes. The Ranch takes advantage of the SRP dry-up to clean and repair the shelves that line our lakes. This year the focus will be on Lakes 7 and 8.

A work crew will come by via a boat and rake the debris into bags which may be left on the shelf for later removal. Lake front homeowners are encouraged to assist in cleaning the shelves. The Ranch will provide plastic bags to contain the debris. Simply take a garden rake and rake the debris into the bag. Then leave the bags on the shelf, do not take the bags to the street. The Ranch staff, using one of our work boats, will come by and remove the bags. Trash bags will be available at the La Casita Recreation Center in December.

Lowering the lake water levels is not an easy task. The water levels drop at a variable rate that depends a lot on the weather. Rain, of course, can set the schedule back. The actual cleaning should only take a week starting in late December. Depending on weather and the amount of debris to collect, the effort should be completed in early January.

During the dry-up period, the water level in each lake will drop to a point that can expose the lake shelves. Boats should be moored bow in and pushed out from the seawall

as the water recedes. As in the past, please be mindful that the low water levels and exposed shelves offer additional paths for children and pets to wander. Please keep your children and pets off the lake shelves during the dry-up.

Recreation restrictions and safety

Recreational use of the canal banks is restricted during dry-ups. In some cases both banks of the canal will be closed to the public to allow for required SRP maintenance.

For their safety, people who use the canal banks for recreational activities should note the increased construction and maintenance activities along the canal banks during dry-ups. Under no circumstances should residents enter the canals. Posted warning signs should be obeyed.

Why dry-ups are necessary

SRP is responsible for keeping its canal system in operating condition during normal water deliveries. Canal dry-ups allow SRP as well as other utilities and municipalities to perform construction and maintenance activities in and around the canals.

Portions of the canals are lined with a cement-like protective covering to help minimize water loss through seepage into the ground. More than half of the 131-mile system has been lined.

Local governments use the dry-up periods to do roadwork near the canals and to build or improve bridges over the canals.



Delivering water and power™





Replacement Bricks Now Available



Many residents on the Ranch have a row of brick intermittently along the back of their walls. Some have deteriorated and need replacing. I am pleased to announce **Dennis Melgreen** has found a source for these bricks, and we now have a supply of them for residents to purchase if their walls are in need of repair. Often these types of specialty bricks go out of production and are hard to find. Special orders can be quite costly. In this case, Dennis was able to find a

supplier who is not charging an exorbitant amount of money and the bricks can be purchased in bulk.

We are offering these bricks at cost for \$2.00 each. If you would like to purchase these bricks, please come to the La Casita office to make your purchase. We can then have our staff deliver the bricks to your home.

I encourage anyone with bricks that need replacing to do so soon. This will help with the appearance of the Ranch and the cost of the bricks are sure to go up in the future.

Lynelle Glysson
Executive Director



By **Nancy Roggio**, Ranchers' RoundUp Editor

Make no bones about it... a very special **Green Thumb Award** goes to **Randy and Robyn Brown** at 2555 W. Knowles Avenue for going all out with their eye-popping, howlin' good annual Halloween decoration "die"-orama.

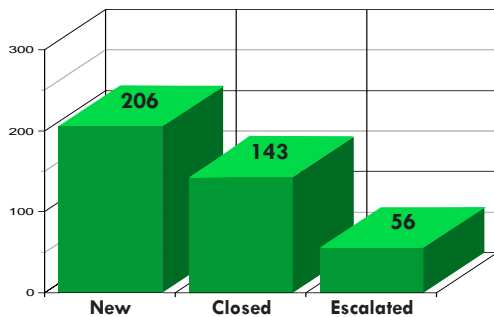
When I went to take photos, I was greeted by none other than Randy himself, so luckily I got the inside scoop and had the chance to "hear" the spooktacular display in broad daylight.

According to Randy, it took five people five hours to put up all of the inflatables, skeletons, coffins, witches, ghosts, ghouls, lighting, fog machines, and speakers on the front lawn. He adds a few new decorations each year and is currently getting ready for his equally over-the-top Christmas display.

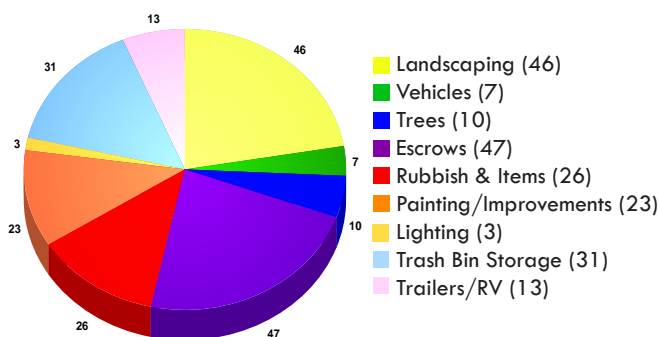
Turning your yard into a delightful treat for the whole neighborhood... that's what makes Dobson Ranch **the best place to live!**

CC&R Notices

CC&R Notices October 2019



CC&R Notices October 2019



There are many impressive and well-manicured yards in Dobson Ranch that it's hard to pick each month. If you would like your yard or a neighbor's yard featured as a Green Thumb winner, call 480-831-8314 or email nroggio@dobsonranch.com.



What's On Your Menu?

by Annie Vaugier, Code Compliance Supervisor

I recently heard a well-known chef say that your ingredients will determine your menu. Whatever ingredients are readily available and that complement each other become your next featured menu item. Each menu item needs to be satiable to the palette and aesthetically pleasing for one's ultimate epicurean enjoyment.

According to a majority of HOA associations, the most common violations in the U.S. are:

- Failure to maintain landscaping (weeds, trees & shrubs, etc.)
- Garbage & Recycle bins (trash cans visible to neighboring properties on non-collection days.)
- On-street and illegal RV/Trailer/Camper parking

I would venture to say that compliance with your **Dobson Ranch CC&Rs** and **Residential Architectural Guidelines** determines the featured personality (flavor) of your community as well.

The desire to complement each house on your block will determine your efforts in maintaining your home's physical and aesthetic attributes. If there is a home in your immediate neighborhood that does not comply with your governing CC&Rs/Residential Architectural Guidelines, the entire community will be lacking full enjoyment of your surroundings.



Visit www.dobsonranchhoa.com to see CC&Rs

While we regularly tour each neighborhood to ensure that every property maintains a neat, attractive and slightly appearance, we do investigate each complaint that is submitted to our Code Compliance office. Your partnering with us to keep Dobson Ranch a premier community helps us better serve you when you report properties that need improvement(s) based on our governing documents.

At the end of the day, whether as homeowner or renter, what's on your menu to maintain the aesthetic and physical appearance of your property?

Vacant Board Seat at Dobson Ranch

The Board of Directors has a vacant seat that they would like to fill at the December Open Session Board Meeting. The Board would like to ask that any interested members of the Association apply for this position.

In order to do so, please request an application form from the office at: lglysson@dobsonranch.com or go to the website at: www.dobsonranchhoa.com.

This position will be for the vacancy that ends in April 2020. From the Bylaws, some of the requirements are:

6.5 BOARD VACANCIES In the event of a Board vacancy resulting from a Board Member resignation, removal, or death, the Board may, at its discretion, appoint a

Qualified (Section 5.7) Dobson Association Member to fill the unexpired term.

5.7 QUALIFICATIONS Each Director: (a) shall be at least eighteen (18) years of age; (b) shall not be a paid employee of the Association; and (c) shall be a Member in Good Standing (if a Member).

The person who fills this position must be familiar with the Policies, Bylaws, CC&Rs, and other governing documents. The Board of Directors meets monthly, and as needed, for Executive Sessions.

Thank you to those who consider volunteering their time and efforts by serving on the Board.



GET ON BOARD!



Tools of the Trade for Desert Dwelling Gardeners

How many of you gardeners own a rotary hammer? A caliche bar? How about welder's gloves?

First-time desert gardeners will quickly learn that the assortment of garden tools stored in their garage will look a bit different from those in other parts of the country.

Tools for Digging



Spade and trenching shovels

One important tool is a **caliche bar**. It's a 30-pound, 6-foot rod with a chisel at one end. When thrust hard enough, it can break up cement-strong calcium carbonate called caliche that's found in the ground.

Pick axes, jackhammers and tough shovels seem to speak more about mining than gardening. Yet they're necessary to start growing plants.

Our soils are just harder and have less nutrient content and tend to have pockets of caliche. Dry, rocky soil makes the job of planting even harder.

You most likely will not need a sidewalk-busting jackhammer, but a **rotary hammer** will come in handy. It can break up and drill holes right through caliche that will allow water drainage.

Don't bother buying a garden shovel that's about 3 feet long. They do not provide the leverage you need to get into the dirt and under rocks. Instead, invest in a **spade shovel** with a long, fiberglass handle.

It is also wise to invest in a couple of **trenching shovels** of different spade sizes. They create more holes and reduce the amount of digging you need to do.

Tools for Pruning

Ditch **anvil pruners**, which has one blade that ends its cut on a stationary surface. Instead, use **bypass pruners**, which work more like scissors, for cleaner cuts.

One thing gardeners don't need is a **chainsaw**. Well-intentioned homeowners cause irreparable damage to their nice trees. If pruning requires heavy equipment, call a professional.



Bypass pruners

This and That



Latex-coated gloves

Get several pairs of gloves. **Welder's gloves** provide the best protection against spiny and thorny plants, but they affect your dexterity. Gloves with latex-coated palms for a better grip are advisable, especially for gardeners who have weak hands. Leather gloves provide the best dexterity.

There's no need to buy a wheelbarrow. Most people don't have the upper-body strength to use them. Instead, buy a **garden cart** or **hand truck**. Either should have good-quality steel wheels.

Other gardening tips include:

- Invest in a good set of tools with metal, not wooden handles. They can last you a lifetime.
- Look for hose nozzles and other attachments with metal fittings. Plastic won't last.
- Get a sunshade hat that covers all of your head and protects your face and nape.



Sunshade hat

Homeowner Improvements

Architectural Applications October 2019

By **Carole Stabile**
Member Services Coordinator

33 Applications **\$192,470**

DOBSON PINES

Roof	\$ 5,000
Paint	\$ 2,500

DOBSON SHORES

Landscape	\$ 6,500
Garage Door	\$ 2,100

DOBSON RANCH UNIT I

Window Replacement	\$ 1,977
Paint	\$ 2,000
Front Door	\$ 2,600

DOBSON RANCH UNIT III

Roof	\$ 91,000
Paint	\$ 2,500
Front Door	\$ 3,000
Window Replacement	\$ 10,000

GOLDEN PALMS ESTATES

Security Door	\$ 1,100
Paint	\$ 4,500
Driveway Extension	\$ 1,200

LAGUNA SHORES AMENDED

Mailbox	\$ 700
Paint	\$ 1,000

LOS ALTOS

Landscape	\$ 500
Paint	\$ 500
Construction	\$ 3,000
Solar	\$ 18,493
Window Replacement	\$ 4,550

SARATOGA LAKES

Landscape	\$ 150
Roof	\$ 15,000
Landscape	\$ 3,500

LAGUNA VILLAGE

Landscape	\$ 500
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KNOELL VILLA SOLANO

Roof	\$ 8,300
Chimney Topper	\$ 300

Home Sales

Trustee Properties: **3**
2 – Houses, **1** – Condo
Home Sales: **42**





Success is the Other Side of Fear

by Nancy Roggio



Dobson Ranch resident **Emily Evans** is a business to business development expert, a successful entrepreneur and an inspirational leader and coach.

Emily began building her employee benefits broker business – **Emily Evans Consulting** – in 2011. Since that time, she has established a book of business with over 100 clients in the East Valley including **Zerorez** carpet cleaning in Gilbert and **John's Refrigeration** in Mesa.

Emily specializes in assisting small business owners with selecting the right employee benefit options. As an insurance broker, Emily represents 100-plus companies that offer health care, life insurance and disability insurance benefits. Her "sweet spot" is working with locally owned companies with a minimum of three employees up to a maximum of 75 employees.

What makes her unique approach to employee benefit sales so successful? She offers a few different options to her clients after talking one-on-one with individual employees to find out what benefits would work best for them.

"I also get involved in the benefits communication process and help the business owner educate his or her employees about the new benefits in order to get a better enrollment percentage rate," Emily explained.

"I make sure my clients are happy with the tailored benefits package options I have provided to them, the effective communications of those benefits to their employees, and the unmatched level of service I provide," she continued.

She went on to say, "First and foremost, it is important to assess why the Company is offering benefits to their employees. Is it because they are legally obligated to do so? Is it because they must stay within certain budget parameters or within a health care network? Or is the purpose of offering benefits for the retention of their employees? Once the reason has been determined, I put together a customized plan for each client."

Emily is an active member of the **Gilbert Chamber of Commerce**, serving as the incoming chair of their **Small Business Council**. In that role, she's tasked with program development which assists members with educational, motivational and growth opportunities.

Emily is a graduate of Class XXV of **Gilbert Leadership**, an 8-month-long program developed through the **Gilbert Chamber Foundation**. Gilbert Leadership brings together individuals with diverse backgrounds and experiences to develop leadership



potential and to expose participants to the issues impacting our community.

When asked about her most successful attribute, she replied, "showing how much I care about people." And it's no wonder that Emily's admirable work ethic and sincerity has earned her many local and national awards related to sales, manpower development and managerial excellence during her career in her chosen industry.

In fact, because of her extensive community involvement she was nominated for the prestigious **Business Woman of the Year Award** by the Gilbert Chamber of Commerce in 2016. The nomination gave her added name exposure and recognition within the business community.



*"Don't let fear stop you. In business, you may have to step out of your comfort zone on occasion, but taking the chance is worth the extra effort every time."
- Emily Evans*

And, on a national level, Emily recently received the **Founders Award for Managerial Excellence** by hitting a top sales goal with Aflac Insurance.

Emily is completely dedicated to building a legacy of community involvement and servant leadership through helping other sales and entrepreneurial professionals grow. As part of her quest, Emily is taking on the challenge of earning her **CAP (Competencies + Attitudes x Pipeline = \$) Equation Certified Instructor** designation (CEC®).

The most important thing she has learned in her career is to not let fear stop you. "In business, you may have to step out of your comfort zone on occasion, but taking the chance is worth the extra effort every time," she explained. "My husband Peter has been the biggest influence in my career, because he always tells me that I can do whatever it is that I set out to do."

Her favorite quote is from celebrity **Ashton Kutcher** who said, "Opportunity looks a lot like hard work."

And, speaking of hard work, Emily is currently co-authoring a book with Aflac sales and marketing legend and Scottsdale resident, **Joe Buzzello**.



"Basically, the book will be the A, B, C's of how to start and run your own business." She hopes to have the book published by the end of next year.

On a personal note, Evans lives on Saratoga Avenue with her husband and their three dogs. She says her house is "the scariest one on the block for Halloween" and the "one with the huge, wrapped pine tree at Christmas." She loves attending as many of the Dobson Ranch special events as she can (*when she isn't working*) and meeting new neighbors in the community.



Emily can be reached at 480-535-2865 or by email at eevans@emilyevans.biz.



From the Recreation Director's Desk



By Jesse Wright
Associate Director of Recreation

Our **Halloween Spooktacular** was a boo-tiful sight to behold! So many Dobson Ranch families, decked out in their colorful Halloween garb, gathered at Laguna Park for our carnival games, pumpkin parade, costume contests, and **Goosebumps2** movie. Special thanks to **2 Fat Guys** and **Wandering Donkey** food trucks for serving up mouth-watering toasted cheese sandwiches and delicious burros and churros.

Our **Fall Festival** is next up on Saturday, November 16 from noon to 3:00 pm at Laguna Park. Your whole family will be thoroughly entertained by live music by **Caution**, carnival games, bounce houses, and plenty of specialty vendors. Feast on brats and hot dogs freshly grilled by the **Retirees' Club** and **Charlie's Smoke Wagon** (Texas BBQ). Plus, get yummy samples of homemade chili from contestants in our annual **Chili Cook-Off Contest**. And, residents (21 or older) will enjoy beer tasting in our Beer Garden sponsored by **Two Brothers Artisan Brewing Company**.

The Holidays will be here before you know it, so be sure to save the dates of Saturday, December 7 and Saturday, December 14 for our extra special **Winter Wonderland** and **Breakfast with Santa events**. (See pages 9 and 18 in this issue of **Ranchers' RoundUp** for all the details.)

Here's to another great Fall and Holiday Season on the Ranch!

RECREATION FACILITY HOURS:



La Casita Recreation Center
2719 S. Reyes • 480-831-7464
Fall Hours:
Monday-Saturday 8:00 am - 7:00 pm
Sunday 10:00 am - 5:00 pm

Los Altos Recreation Center
2524 W. Campo Alegre
Fall Hours:
Monday-Saturday 8:00 am - 7:00 pm
Sunday 10:00 am - 5:00 pm



Saratoga Recreation Center
2345 S. Saratoga
Fall Hours:
Monday-Saturday 8:00 am - 7:00 pm
Sunday 10:00 am - 5:00 pm

Laguna Park
2455 W. Laguna Azul Avenue
Open year-round
sunrise to sunset



(Most amenities are accessible by Homeowner FOB when facility is not staffed.)

SAVE THE DATE!

PARENT'S NIGHT OUT!

PARENTS... GET OUT WHILE YOUR KIDS PLAY AT LA CASITA!

— Ages 6-12 —

Activities include:

- ★ Arts & Crafts
- ★ Games
- ★ Movie & Popcorn
- ★ Raffle Prizes

Cost: \$5 per child

SATURDAY JAN. 18, 2020 5:00 - 9:00 PM
La Casita Recreation Center

REGISTRATION BEGINS 11/18 AT DOBSONRANCH.COM
Dobson Ranch Recreation Center ★ 480-831-7464

Save the Date...

BARK

..... in the Park

Your Dog's Day at Dobson Ranch
SATURDAY, JANUARY 25, 2020
Laguna Park - 2455 W. Laguna Azul

Pet-Related Vendors Needed!
Cost to enter is \$25 for a 10' x 10' space.
Contact Dobson Ranch Recreation at 480-831-7464.



Winter Wonderland

Saturday, December 7th
Saratoga Recreation Center
2345 S. Saratoga

FUN ACTIVITIES FOR KIDS

1:30 pm - 3:30 pm

Play in real SNOW (ages 0-12 years)
Crafts, Activities and Games

EVENING ACTIVITIES

6:30 pm - 8:30 pm

Hot cocoa and cookies
Carols from local school groups
Lighted Boat Parade at 7:00 pm



Don't miss it! It's FREE!

Dobson Ranch Recreation Center * 2719 S. Reyes, Mesa, AZ * 480-831-7464 * dobsonranch.com



Halloween Spooktacular Thank you to all of the vendors, Ranchers, Club Members, and Staff that participated!





Halloween Spooktacular To see over 30 additional photos from our Spooktacular, visit our **Facebook** page.



2nd Prize: 6-8



1st Prize: Groups



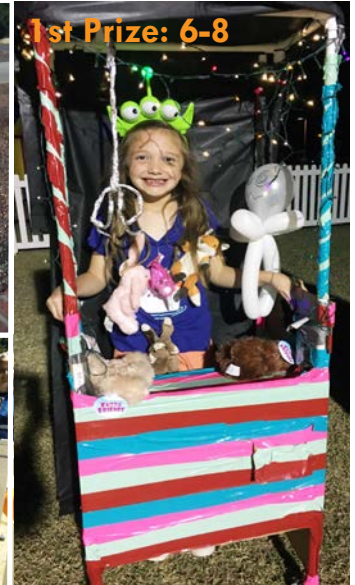
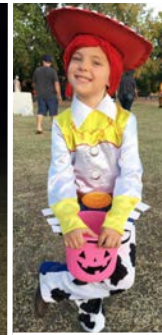
2nd Prize: 3-5



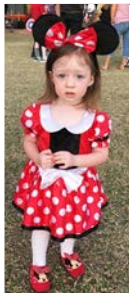
1st Prize: 3-5



1st Prize: 9-12



1st Prize: 6-8



2nd Prize: Groups



1st Prize: 0-2



2nd Prize: 9-12



2nd Prize: 0-2



Recreation Happenings

NOVEMBER 2019

Outdoor Expo & Kids Fishing Derby To see more photos from the event, please visit our **Facebook** page.





Community Clean Up To see more photos from the event, please visit our **Facebook** page.





RECREATION CLASSES

All Recreation Activities, classes and programs are at La Casita Recreation Center unless specified. Questions? Call La Casita at 480-831-7464. Visit us at www.dobsonranch.com.



TAI CHI

Instructor: Linda
 When: Wednesdays
 Where: AM Classes & PM Classes at La Casita Recreation Center

Time: 9:00 am Beginning & Intermediate Tai Chi
 6:00 pm Intermediate & Beginning Tai Chi

Cost: \$3 drop in residents, \$6 drop in non-residents
 \$12 resident only for a 6-use punch card

Tai Chi is a gentle Chinese exercise system that may enhance strength and flexibility as well as reduce stress. Learning the Tai Chi form can be the beginning of a healthy, lifelong practice that can improve the quality of life of individuals who choose to practice it.

YOGA FOR BEGINNERS

Instructor: Jeanne
 When: Mondays
 Time: 5:30 pm - 6:30 pm
 Where: Saratoga Recreation Center
 Cost: \$8 drop in, \$42 resident only for a 7-use punch card

Transform your mind, body and spirit! Yoga will improve your flexibility and strengthen your core muscles while banishing stress and tension. This relaxing but invigorating class promotes inner calmness using breathing techniques, balancing postures and stretching/floor work. Modifications available to meet all levels. Bring a yoga mat. Yoga blocks, strap and blanket/towel are very helpful. You can attend either yoga class offered with your punch card. *



HEALING YOGA

Instructor: Samantha
 When: Tuesdays and Thursdays
 Where: La Casita Recreation Center
 When: 8:15 am - 9:15 am
 Cost: \$8 drop in or \$42 resident only for a 7-use punch card

Hard to get up off the floor? Body having a hard time moving? Feeling every ache and pain? Come join us for gentle, therapeutic body movement. We gently move and stretch different parts of the body to help bring new life to tired parts! Also learn how to relax the mind, discovering how to relieve anxiety, bring better sleep, and not letting your worries take control over your mind. If you think your body has had it and can't do anything anymore – think again. Come join us for gentle recovery. You can try it lying on the floor, or even in a chair. Bring a yoga mat. You can attend either yoga class offered with your punch card. *

FITNESS IN THE PARK

Code: 5743 (October 1 - December 31)
 Instructor: Nancy
 When: MON./WED./FRI. 6:00 am - 6:45 am;
 TUES. & THURS. 6:00 pm - 6:45 pm
 Where: Laguna Park
 Cost: \$10 residents, \$15 non-residents
 RSVP: Contact the instructor with questions prior to class at 602-703-7822 or at nancy@magillfitness.com

\$50 for 5: Get 1 session FREE. \$90 for 9: Get 3 sessions FREE!

Your 1st class is **FREE!!!** Contact Nancy at 602-703-7822 or at nancy@magillfitness.com to reserve your first **FREE** class.



ZUMBA

Instructor: Karen
 When: Tuesdays
 Where: La Casita Recreation Center
 Time: 6:30 pm – 7:30 pm
 Cost: \$7 drop in rate, \$30 resident only for a 5-use punch card

This is a fusion of Latin and International music that incorporates a variety of dance styles such as salsa, cumbia, bellydance, and reggaeton. This class combines high energy and motivating music to help you burn fat and tone your body. Even if you have never danced before, you will have a blast, because the routines are fun and easy to do. So what are you waiting for? Join the party and try Zumba today! *

FAIRYTALE DANCERS (AGES 3-5)

Code: 5760
 When: Thursdays (January 9 - February 13)
 Where: Saratoga Recreation Center
 Time: 4:30 pm - 5:30 pm
 Cost: **Registration fee due at time of enrollment: Residents \$5. Non-Residents \$10. Contractor fee due to the instructor the first day of program: \$30 check or cash only.**

Children will be introduced to dance through their favorite fairytales during this positive and encouraging class. Dance can build self-esteem and improve motor skills. Watch your prince or princess shine in this fun and creative program.

Children need soft-soled shoes and comfortable clothes. Ballet shoes, leotard and tights are recommended. There will be a performance on the last day of class. Children must be able to work in a group setting and follow directions. For more information on this program, contact Jana Moore at 480-363-9997.





INTRO TO BALLET & JAZZ (AGES 4-6)

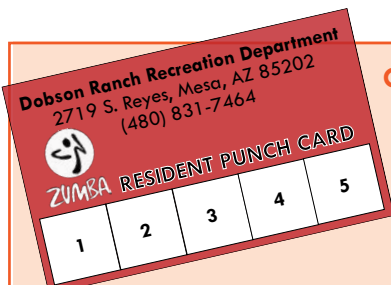
Code: 5761
 When: Thursdays (January 9 - February 13)
 Where: Saratoga Recreation Center
 Time: 5:30 pm - 6:30 pm
 Cost: **Registration fee due at time of enrollment: Residents \$5, Non-Residents \$10. Contractor fee due to instructor the first day of program: \$30 check or cash only.**

In a fun, encouraging and high energy atmosphere, your child will be shown the fundamentals of ballet and jazz, which can help improve motor skills and creative expression. Soft-soled shoes or bare feet are recommended. Children must be able to work in a group setting. There will be a recital at the end of the session. For more information on this program, contact Jana Moore at 480-363-9997.

DANCE SAMPLER (AGES 5-8)

Code: 5759
 When: Tuesdays (January 7 - February 11)
 Where: Saratoga Recreation Center
 Time: 5:30 pm - 6:30 pm
 Cost: **Registration fee due at time of enrollment: Residents \$5, Non-Residents \$10. Contractor fee due to instructor the first day of program: \$30 check or cash only.**

This upbeat and fun class is perfect to sample different dance styles which will include jazz, ballet, modern, hip hop, and other styles. Get moving with this upbeat and fun class and discover dance. For more information on this program, contact Jana Moore at 480-363-9997.



GET YOUR PUNCH CARDS FOR RECREATION CLASSES AT LA CASITA

** Punch Cards may be punched one time for residents only per class. No additional punches for guests or residents. Punch Cards expire 2 months from purchase date.*

ACTIVITIES

TEXAS HOLD'EM TOURNAMENT STYLE

When: 4th Friday of month (November 22)
 Time: 6:30 pm (Arrive by 6:15 pm)
 Where: Saratoga Recreation Center
 Cost: Free to residents, \$5 non-residents
 Must be 18 years of age or older.

Poker night is a free monthly program for residents of Dobson Ranch. Come meet your neighbors for a friendly game.

BUNCO

When: 3rd Friday of month (November 15)
 Time: 6:30 pm (Arrive by 6:15 pm)
 Where: Saratoga Recreation Center
 Cost: Free to residents, \$5 non-residents

This fast-paced, yet easy game, is played with dice. It's a fun social hour with other residents.

BRIDGE GROUP

When: Mondays
 Where: La Casita Recreation Center
 Time: 12:30 pm - 3:30 pm

*Come join our Bridge group that meets every Monday. To join the group, please call **Bette Parrish** at 480-206-3514.*

RECREATION CLASS INFORMATION

- REGISTRATION** for classes can be done on the Association website at www.dobsonranch.com or at La Casita Community Center, 2719 S. Reyes, Mesa, AZ. Class fees are due during the registration process unless otherwise noted.
- QUESTIONS** on any recreation class or activity, you may contact La Casita Community desk at 480-831-7464.
- REFUNDS** – The Dobson Association reserves the right to establish fees and cost minimums for all programs and to cancel those programs not having sufficient enrollment. Program refunds will be issued for:
 - Cancellation of class by instructor or the Dobson Association will result in full refund.
 - Participants may cancel after first class or initial start date of class for a full refund.
 - Notification by participant prior to start date of illness or injury preventing participation during session time frame.
 - Discontinuance of participation due to injury or illness will be reviewed for consideration of prorated refund.
 - No other refunds will be given. No exceptions. Refund requests must be promptly submitted.



DOBSON RANCH TENNIS ACADEMY



All lessons and events are held at the La Casita Recreation Center. La Casita is home to two outdoor racquetball courts available to residents and guests. Keys can be checked out at the Recreation Center during facility hours. All tennis sessions begin on the first of each month and run until the end of the month. Contact La Casita for more information at 480-831-7464 or visit dobsonranch.com.



ADULTS

Dobson Ranch offers a full-range of programs and playing opportunities for ages 16+ and various ability levels. We focus on developing the complete player who can perform in any match situation at any level. Our tennis pro combines technical, mental and physical elements of the game to help build confidence and conditioning to ensure a positive, successful and fun experience.

Adult Skills & Drills

Geared for advanced beginners/intermediate players, this class focuses on technique and spin production on shots, as well as basic match strategies. Through structured drills, players will improve their playing consistency, build confidence, and learn how to generate more speed and power.

7:00 pm - 8:30 pm | Sessions: Monthly
Monday, December 2, 9, 16, 23, 30 **5764 \$50 R/\$75 NR**
Weds., December 4, 11, 18 **5765 \$30 R/\$45 NR**

Adult Beginner to Advanced Beginner

This class is for players who would like to learn the game or improve on their limited skills and get some fun exercise while doing so. Players will learn scoring to actual game playing and doing drills to help with self-improvement. Racket and balls will be provided.

8:00 pm - 9:30 pm | Sessions: Monthly
Tuesday, December 3, 10, 17 **5762 \$30 R/\$45 NR**
Thursday, December 5, 12, 19 **5763 \$30 R/\$45 NR**

Adult Weekday Doubles Play

If you enjoy playing doubles, but want to improve by doing various shot selections, direction, height, speed, and court positioning, then this will be a court-wise way to help improve your doubles game.

8:30 pm - 10:00 pm | Sessions: Monthly
Monday, December 2, 9, 16, 23, 30 **5766 \$50 R/\$75 NR**
Weds., December 4, 11, 18 **5767 \$30 R/\$45 NR**

PRIVATE INSTRUCTION

Private tennis lessons are available for individual one-on-one instruction with the Dobson Ranch Tennis Professional. Please call Kwong at 480-759-2248 or kyoung@dobsonranch.com to schedule private lessons. The Dobson Ranch tennis courts are for exclusive use of Dobson Ranch residents and of the Association Tennis Professional. Other professionals are not to teach classes, lessons or clinics on our Association courts at any time. To ensure the Ranch tennis program remains viable, Dobson Ranch residents should consult the Association Tennis Pro for all tennis instruction. No outside tennis professionals are permitted on Association courts.

Adult Saturday Doubles

If you enjoy playing doubles, but want to improve by doing various shot selections, direction, height, speed, and court positioning, then this will be a court-wise way to help improve your doubles game.

8:30 am - 10:00 am | Sessions: Monthly
Sat., December 7, 14, 21, 28 **5768 \$40 R/\$60 NR**

JUNIORS

The mission of Dobson Ranch junior tennis is to provide quality instruction in a fun and friendly atmosphere with a multilevel juniors program from the youngest beginners to sanctioned tournament players. Each tennis student's placement is based on age, experience and a challenge ladder. Classes combine energized drills, fun games, match play, and conditioning. Our goal is for students to reach a higher level of play and learn to love a sport they will play for a lifetime. Bring a friend!

Junior Clinic

This class is for junior tennis players ages 7-12 looking for an introduction to tennis. This class will introduce basic technique through fun drills and games. Learn how to serve into the correct service box, how to keep score, how to properly rotate the racquet, and how to sustain a rally. If you don't already have a racquet, our tennis pro will fit your child for the proper racquet size during the first class.

6:00 pm - 7:00 pm | Sessions: Monthly
Monday, December 2, 9, 16, 23, 30 **5769 \$50 R/\$75 NR**
Weds., December 4, 11, 18 **5770 \$30 R/\$45 NR**

5:30 pm - 6:30 pm | Sessions: Monthly
Tuesday, December 3, 10, 17 **5771 \$30 R/\$45 NR**
Thursday, December 5, 12, 19 **5772 \$30 R/\$45 NR**

Monthly Round Robin Social*

This monthly social is a fantastic way to meet other tennis players in the community. Players will participate in doubles and mixed-doubles matches in a round-robin format, assorted by levels. No matter what your playing level is, come out and meet other tennis players in a fun, relaxed setting.

Saturday | 4:00 pm - 6:00 pm

*December Social 12/21

FREE! Adults 16+ (Register in advance, space is limited.)



Tennis Drills = Skills: Tennis Tip for November



**By Kwong Young - USPTA Tennis Professional/
Dobson Ranch Tennis Professional**

Tennis drills in a group class allow a player to hit and run around the court to develop their stamina and endurance. Doing drills will help with a player's skill and accuracy. A tennis class with others creates an enjoyable environment and a fun workout. Plus, the ball pickup with a group will be shortened because of extra hands. You will also take notice of how you compare your skills with others in class and you can learn by watching others. Participating in a class structure is a more affordable way to learn if you are on a tight budget.

Doing private lessons may be more expensive than doing class drills, however, if you are a serious-minded player and want to hit a ton of balls and not have to wait in line for your turn to hit, then this is tailored perfectly for you. Having a private lesson is like having a personal trainer at the gym where they will help guide you and work with you to achieve your goal, whatever it may be. The more balls you start to hit correctly, the sooner "muscle memory" will take over and you won't have to think about your performance because it will just naturally happen.

Sign up for group classes online at dobsonranchhoa.com or in person at La Casita Recreation Center. If you're looking to start private lessons, you may contact coach Kwong at kyoung@dobsonranch.com or call (480) 759-2248.



Sunset Plaza Rentals

Got a special event or party planned, but don't have a venue selected? In addition to our Grande and Chica Rooms at La Casita Recreation Center, or Saratoga Recreation Center, our outdoor **Sunset Plaza** at La Casita is available to rent for parties and special occasions. Rental pricing is as follows:

	Patio Only	Patio with Grande Room	Patio with Grande/Chica
Resident	\$125/hr	\$225/hr	\$265/hr
Non-Resident	\$250/hr	\$400/hr	\$440/hr
After-Hour Fee	N	N	N
Set-up Fee	N	N	N
Kitchen	\$75	\$75	\$75
Playground Access	Y	Y	Y
Pool Access	Y	Y	Y
Deposit	\$300	\$500	\$600

Table and Chair Rentals



Make your next at home event great with the convenience of renting tables and chairs right in your community. The Dobson Association not only rents out facilities for private rentals, but renting of chairs and tables not held on a ranch facility are also available.

We can accommodate a rental of up to 140 metal framed folding chairs and 15 rectangular 6' by 3' tables. The resident must schedule to pick up and drop off the chairs and tables at La Casita Recreation Center. A refundable security deposit of a minimum of \$50 is due in cash or credit card.

Harkins Theatres
ULTIMATE MOVIEGOING™

MOVIE TICKETS FOR SALE
in the Dobson Ranch Recreation Dept.
2719 S. Reyes
Mesa, AZ 85202
480-831-7464

\$18 FOR 2 TICKETS

SUNSET PLAZA SETS THE STAGE

The perfect outdoor venue for that special occasion with stage, flexible seating areas, built-in brick dance floor, lush landscaping, refreshing misters, and easy access to Dobson Ranch Grande Room with kitchen.

Call the Recreation Dept. at **480-831-7464** to book.



Join us for
Breakfast with Santa!
Saturday, Dec. 14



Prepared by Retirees' Club

- Pancakes
- Juice
- Fruit
- Milk
- Coffee

La Casita Recreation Center
9:00 am & 10:00 am Seatings
TICKETS REQUIRED/On Sale Nov. 11, 2019
\$5 per person, 2 years and under FREE*
\$10 per person after November 25, 2019

Coloring Contest * Crafts * Face Painting * Photos With Santa

* must sit on parent's lap

La Casita Recreation Center * 2719 S Reyes, Mesa, AZ * 480-831-7464 * dobsonranch.com



Retirees' Club

By Al Prosek

The November General Meeting program included a talk given by **Susan Powers**, DRR member and local Realtor, on Home Evaluations and Comps in Dobson Ranch. **Kevin Collins** and his crew provided a great turkey feast in keeping with the season!

The DRR snowbirds continue to come back to Mesa as winter weather arrives in most of the U.S. and Canada. Welcome back and enjoy the sunshine!

Late October into November was the first *Hike and Biking* of the season, along with *Men's Breakfast*, *Ladies Lunch*, *Dinner Night Out* (held as a *Pot Luck* at **Chuck and Jane Weitzel's** home), *Happy Hour*, *Game Days*, *Movie Day* and a *Picnic*. Thanks to all the co-chairs!

Special thanks to Chuck and Jane for sharing their home for *Dinner Night Out*.

Our December meeting will be a social gathering *Pot Luck* along with our members bringing the gifts of toys, bikes, clothes, gift cards, and food for the **Adopt a Family** project, now in its third year!

DRR continues to grow and be our member's happy spot to meet old and new friends on the Ranch!

Photos shown below are from the **Retirees' General Meeting** held on Monday, October 7.

Retirees' Schedule

GENERAL MEETING

The Club's regular General Meeting will be held on Monday, December 2nd at 9:30 am at La Casita Recreation Center.

BOARD MEETING

The next Retirees' Board Meeting will be on Monday, December 16th at La Casita at 9:30 am.

The following is a list of activities open to all Dobson Ranch Retirees' Club members. If you are interested in any of the following, please contact that committee chair to receive more information.

DAY TRIPPERS	Marilyn Krouse	480-620-9311
<i>Event TBD in November. Special play event in December.</i>		
DINNER NIGHT OUT	Linda Kosko	480-510-4990
HAPPY HOUR	Tanya Andrew	602-723-9106
MEN'S BREAKFAST	Dick Krouse	480-620-9310
MOVIE DAY	Judie Bielo	480-215-8656
FUN & GAME DAY	Judie Bielo	480-215-8656
LADIES LUNCH	Jeanne Collins	480-353-8604
BICYCLE RIDING	Arnie Chase	480-838-4124
HIKING	Barbara Stout	602-740-3213
PICNICS	Gerry/Susie Payne	480-225-1885

If you are interested in joining the Dobson Ranch Retirees' Club, please contact **Dovie Bryant** at dlbryant1@cox.net.





Hiking Club

By Barbara Stout

Retirees' Hiking Club Chairperson

Clippers are our faster and longer hikes. Friday hikes are for the **Clippers** only because of the length of the hike. We leave La Casita Recreation Center at 8:00 am on the day of the hike.

Upcoming November Hikes Include:



November 13 - Wild Horse Trail - Salt River **Pacers** and **Clippers 5.5 miles** in and out

Wild Horse Trail is a gradual, steady, desert climb from Twisted Sister to Usery Pass Road. You can enjoy the mild climb through the desert. Wild Horse got its name from the Brombies that roam the area. If we are lucky we will cross paths with them.



November 15 - White Tank Mountains **Clippers 8.3 miles**

The White Tank Mountain Regional Park is located in west-central Maricopa County. Encompassing 29,271 acres of desert and mountain landscape, it is the largest regional park in the county. The bulk of the White Tank Mountains range is located within the park's boundaries.



November 20 - West Pass Mountain **Pacers** only 3 miles

Clippers 7.5 miles (separate cars)
Pass Mountain Trail is a 7.5 mile moderately trafficked loop trail located near Mesa that

features beautiful wild flowers and is rated as moderate. The trail offers a number of activity options and is accessible year-round. Dogs and horses are also able to use this trail.



November 22 - Estrella Mountains **Clippers 8.3 miles**

Estrella Mountain Regional Park is located southwest of Phoenix and boasts 20,000 acres of pristine desert, mountains and a large wetland. The Sierra Estrella Mountains

have long been inhabited by native American tribes, primarily from the Maricopa and Pima communities.



November 27 - Cave Creek Overton Trail **Pacers**

Go John **Clippers 5.9 miles**

Go John Trail is a heavily trafficked loop trail near Cave Creek that features beautiful wild flowers and is rated as moderate. The

trail is primarily used for hiking, trail running, horses, and mountain biking.



November 29 - San Tan Rock Peak Wash **Clippers 8.9 miles**

San Tan Mountains Regional Park is a large urban park located in Pinal County. It encompasses over 10,000 acres and preserves a portion of the San Tan Mountains, south of Queen Creek.

Upcoming December Hikes Include:



December 4 - Usery Park

Pacers 3.6 miles

Clippers 5.2 miles

Usery Park neighbors the Goldfield Mountains and Tonto National Forest. Usery Mountain Regional Park spans 3,648 acres of metro Phoenix's East Valley.



December 6 - Cave Creek Spur Cross **Clippers 9 miles**

Spur Cross is a 2,154-acre preserve that has a surprisingly remote feel, a variety of hiking trails and a plethora of native vegetation that bursts with color when infused with a little extra precipitation.



December 11 - McDowell Regional Park Escondido Trail at Lousley Hill Trailhead - **Pacers**

Clippers 8 miles (separate cars)

Located in the northeast region of Phoenix, the McDowell Mountain Regional Park offers more than 50 miles of trails for all levels of difficulty.

Additional hikes are also scheduled for **December 13**, **December 18** and **December 20**. For more information about any of the hikes scheduled during the months of November and December, please contact me at stoutgeo@gmail.com.

Happy trails! - Barbara

Women's Tennis Club

By Lynn Stevens

Club Chairperson

Yeah! Daytime tennis weather is upon us! Many of our "snow bird" players are returning, so the Monday morning social doubles tennis is going strong. The **Valley of the Sun 50+ Women's Doubles League** (VOS) began October 25. Our team, the **Passing Shots**, held their first match at La Casita (Home).

We play until March, with eight "Home" and eight "Away" matches against five other teams in our 4.0 level. The courts at Saratoga Recreation Center have been beautifully resurfaced, and we understand that those at La Casita will be done next Summer. That's very much appreciated, as they, too, are in need of repair.

As mentioned in a past article, our tennis pro, **Kwong Young**, has many tennis classes available, plus a free monthly tennis social. Be sure to check out his information and tennis tips in every issue of **Ranchers' RoundUp**.

If anyone wishes to report other tennis news, please contact the Recreation Office with your name and phone number, and I'll give you a call. Your news will appear in the next issue of **RoundUp**.

So, for now stay healthy, stay active and... **Serve It Up!**



PASSING SHOTS



Garden Club

By **Donna Chapman**, Garden Club Representative



You're invited to a "garden room" for the Tuesday, November 19th **Dobson Ranch Garden Club** meeting. Plan to meet at 5:00 pm at the Saratoga Recreation Center to carpool to the home of **Debbie Rubenstrunk** and **Frank Johnson**.

Using a small space, Rubenstrunk and Johnson have made their patio a perfect retreat. It serves as their own private sanctuary with plants and charming accents. The area is truly a "room" which is used for annual holiday parties and family gatherings.

In addition to having a talent for decorating, Rubenstrunk also is a skilled gardener. (The home has been featured on the Dobson Ranch Garden Tour.) Her plantings include numerous cacti and seasonal flowers and are used for color and accents in the cooler seasons.

All Ranch residents and their guests are welcome to attend this gathering on November 19 and all Garden Club meetings.



Dobson Ranch Democrats & Friends Club

By **Jill Snyder**, Treasurer

WHEN: **Wednesday, Dec. 11, 2019**
6:00 – 6:30 pm Networking
6:30 – 8:00 pm Meeting and Program

WHERE: **Goody's Restaurant**
1862 W. Baseline Road
Mesa, AZ 85202
(NW corner, across the street from Albertson's.)
Light refreshments provided. Cash bar.



Join us for our Holiday Party!

We welcome you to our open meetings! As always, we will provide light snacks, so bring some friends invite your neighbors, and join us as we will have very special guests that you won't want to miss!

Questions: **George Tihanyi** 480-792-6746
or **Jill Snyder** 617-504-3990 or jillsny@gmail.com.

Donations are always appreciated:
<https://secure.actblue.com/donate/drdf2019>

Like us on Facebook:
<https://www.facebook.com/DobsonRanchDemocrats>



Join our Meet-Up group: <https://www.meetup.com/LD18-Dems>

Women's Club

By **Patty Smith**, Women's Club Representative

November... Thank you to all our Veterans. Every member of our Club has a loved one that has served or is serving. We have members that are Veterans also. Special thanks to these ladies.

Bunco: **Mary** was our hostess for October. She is so welcoming and a good time was had by all. Our November Bunco will be hosted by **Donna**. We need someone for December. I can't commit at this time. Please call Laurie if you are interested.

Out to Lunch was at **Pho Number One**. Everything is made fresh. They have an amazing story on their journey from Vietnam to the United States. **Bobby Q's** was a very good lunch. Topped off with a fresh donut at the finish of your meal. Very nice touch.



A grateful thank you to **Lynn E.** for carving our pumpkin for the Halloween Spooktacular. Great job!

Thank you to our Dobson Ranch "Witches" that helped decorate and hand out candy. **Laurie, Peggy, Donna, Tanya** and mini

witch, **Me**. We get so much enjoyment interacting with all of the Trick or Treaters. Thanks to the Recreation Department for all their efforts. Another successful event!

Please remember to count your many blessings and have a **Happy Thanksgiving!**
Patty

Dobson Ranch Republicans

By **Bob Schuster**, Chairman & **Michelle Masters**, Vice-Chairman

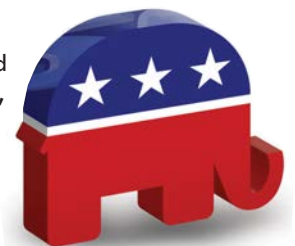
What many people are predicting will be "the election of our lifetime" is now little more than a year away! Campaign 2020 is shifting into high gear with all sides looking to make gains in November 2020. If you share the conservative values of limited government and more freedom, and would like to make a difference over the next 12 months, please come to our meetings the first Thursday of each month to meet candidates and share ideas. An informed electorate is vitally important to the health of our democratic institutions, and the best place to start is right here in our wonderful community of Dobson Ranch.

Our next meeting:

WHEN: **Thursday, December 5**
Meet, Greet and Eat (no host) 6:30 - 7:00 pm
Speakers, Q&A, Open Discussion 7:00 - 8:30 pm

WHERE: **Native Grill & Wings**
1837 W. Guadalupe Road
Mesa, AZ 85202

Get connected: Join our email list and stay up to date on meeting highlights, including guest speakers at www.DobsonRanchGOP@gmail.com and visit our **Facebook** page at www.Facebook.com/DobsonRanchRepublicans





Programs at the Dobson Ranch Library

November 16 - December 4, 2019



Paws2Read

Saturday, November 16, 2019

10:30 am - 12:00 pm

Dogs like books, too! Paws2Read pairs Delta-registered therapy animals and their handlers with young readers ranging from 1st to 10th grades.

NaNoWRiMo Write In

Saturday, November 16, 2019

1:00 pm - 4:00 pm - Dobson Meeting Room

National Novel Writing Month (NaNoWriMo) is a fun, seat-of-your-pants approach to creative writing. Participants continue working towards the goal of writing a 50,000-word novel by November 30.



Intermediate Microsoft Excel

Monday, November 18, 2019

10:30 am - 12:00 pm - Dobson Meeting Room

Learn how to sort, filter, freeze panes, conduct basic math, and create charts in Microsoft Excel. Proficiency

with Microsoft Excel is required. Must be comfortable using a mouse and a keyboard. Adults.

STEAM at the Ranch: Outer Space

Monday, November 18, 2019

4:00 pm - 5:00 pm - Dobson Meeting Room

It's Science Day! We'll be conducting space activities. Stretch your imagination using science. Grades 1-6.



Meditation for Beginners

Monday, November 18, 2019

6:00 pm - 7:30 pm - Dobson Meeting Room

Learn the basics of meditation with simple yet powerful techniques that will help you deal with stress wherever you are. We will be seated in chairs, so you do not

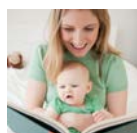
need a mat. You may wish to bring a pillow to support your back. Adults.

Preschool Storytime

Tuesday, November 19, 2019

10:30 am - 11:00 am - Dobson Meeting Room

Join us for songs, stories, words, letters, numbers, and general silliness in this storytime designed to get children ready for kindergarten. Ages 3-5.



Baby Lapsit

Wednesday, November 20, 2019

9:30 am - 10:00 am - Dobson Meeting Room

Baby Lapsit introduces the rhythm and beauty of language to babies. Birth-16 months.

K-Code Storytime

Wednesday, November 20, 2019

10:30 am - 11:15 am - Dobson Meeting Room

K-Code Storytime introduces basic coding concepts to families through songs, stories, games, and interactive plugged and unplugged activities. Ages 3-5.



Toddler Time

Thursday, November 21, 2019

10:30 am - 11:00 am - Dobson Meeting Room

Toddler Time incorporates stories, music and movement into an engaging storytime for children. Ages 16-36 months.



Code Commanders

Thursday, November 21, 2019

4:00 pm - 5:30 pm - Dobson Meeting Room

Code Commanders is a weekly series that challenges and builds its young users' understanding of how coding works. Ages 8-12.

Craft Night: For the Love of Fall

Thursday, November 21, 2019

6:00 pm - 7:30 pm - Dobson Meeting Room

This month we will be making Fall and Thanksgiving themed decor and crafts. Ages 14+ are welcome, and no registration is needed. Bring a notebook and pencil.



Buying Your First House

Saturday, November 23, 2019

10:30 am - 12:00 pm - Dobson Meeting Room

While buying your first house is exciting and something to be proud of, it can be a confusing and complicated process that can leave you feeling intimidated. By

attending this first-time home buyer seminar you can alleviate some of the anxiety that comes with purchasing your first home by getting information about crucial aspects of the process.

NaNoWRiMo Write In

Saturday, November 23, 2019

1:00 pm - 4:00 pm - Dobson Meeting Room

National Novel Writing Month (NaNoWriMo) is a fun, seat-of-your-pants approach to creative writing. Participants continue working towards the goal of writing a 50,000-word novel by November 30.



LEGO Club

Saturday, November 23, 2019

1:30 pm - 2:30 pm

Come explore your creative side at the Library with LEGO. Children can either follow a monthly theme or

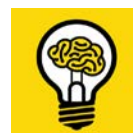
build from their imaginations. LEGO and DUPLO blocks will be provided.

Advanced Microsoft Excel

Monday, November 25, 2019

10:30 am - 12:00 pm - Dobson Meeting Room

Learn advanced Excel topics like how to create pivot tables, how to use multiple spreadsheets, and how to use absolute references, vlookup and other techniques. Proficiency in Intermediate Microsoft Excel is required. Adults.



STEAM at the Ranch: Light Circuits

Monday, November 25, 2019

4:00 pm - 5:00 pm - Dobson Meeting Room

It's Technology Day! We'll learn how to build a circuit to power a small light out of everyday supplies. Stretch your imagination using technology! Grades 1-6.

Exercise Your Brain and Learn to Code

Monday, November 25, 2019

6:00 pm - 7:30 pm - Dobson Meeting Room

Learning to code isn't as hard as you think. Using puzzles and games, you'll learn the basics of different coding languages and be able to show off what you've created to family and friends. Adults.



Preschool Storytime

Tuesday, November 26, 2019

10:30 am - 11:00 am - Dobson Meeting Room

Join us for songs, stories, words, letters, numbers, and general silliness in this storytime designed to get children ready for kindergarten. Ages 3-5.



Programs at the Dobson Ranch Library

Continued

Baby Lapsit

Wednesday, November 27, 2019

9:30 am - 10:00 am - Dobson Meeting Room


Baby Lapsit introduces the rhythm and beauty of language to babies. Birth-16 months.

K-Code Storytime

Wednesday, November 27, 2019

10:30 am - 11:15 am - Dobson Meeting Room

K-Code Storytime introduces basic coding concepts to families through songs, stories, games, and interactive plugged and unplugged activities. Ages 3-5.



Wednesday, November 27, 2019
CLOSING EARLY FOR THANKSGIVING
 5:00 pm - 8:00 pm
CLOSED FOR THANKSGIVING
 All Day Thursday, Nov. 28 and Friday, Nov. 29

NaNoWRiMo Write In

Saturday, November 30, 2019

1:00 pm - 4:00 pm - Dobson Meeting Room

National Novel Writing Month (NaNoWriMo) is a fun, seat-of-your-pants approach to creative writing. Final day to finish writing your 50,000-word novel by 11:59 pm.

Preschool Storytime

Tuesday, December 3, 2019

10:30 am - 11:00 am - Dobson Meeting Room

Join us for songs, stories, words, letters, numbers, and general silliness in this storytime designed to get children ready for kindergarten. Ages 3-5.

Baby Lapsit

Wednesday, December 4, 2019

9:30 am - 10:00 am - Dobson Meeting Room

Baby Lapsit introduces the rhythm and beauty of language to babies. Birth-16 months.

K-Code Storytime

Wednesday, December 4, 2019

10:30 am - 11:15 am - Dobson Meeting Room

K-Code Storytime introduces basic coding concepts to families through songs, stories, games, and interactive plugged and unplugged activities. Ages 3-5.

Let's Play With Paper

Wednesday, December 4, 2019

6:00 pm - 7:00 pm - Dobson Meeting Room

Get creative with all kinds of paper on the first Wednesday of each month. We will work on a new project to make greeting cards, decorative origami, paper books/journals, and a whole lot more. Ages 18+.



LIBRARY HOURS
 Monday - Thursday:
 10:00 am - 8:00 pm
 Friday & Saturday:
 10:00 am - 5:00 pm
 Sunday - CLOSED

Dobson Ranch Library • 2425 S. Dobson Road, Mesa, AZ • 480-644-3100

Mesa Chamber of Commerce Events

Mesa Young Professionals Meeting

Thursday, November 14, 2019

3:30 pm - 5:00 pm

Mesa Chamber Office - 165 N. Centennial Way, Suite 208, Mesa

Mesa Young Professionals is a group for up and coming business professionals ages 21-40. Their mission is to empower talented young-thinking people by bringing together dynamic young professionals across the city. Free to attend.



Ribbon Cutting - FatCats Mesa

Wednesday, November 20, 2019

5:00 pm - 6:00 pm

FatCats - 5846 E. Longbow Parkway, Mesa

Join us for this great opportunity to meet local business people at FatCats. FatCats began in 1999 on the back of a napkin, when two friends, **Dave Rutler** (a restaurant owner), and **Sean Collins** (a bowling equipment sales executive) wanted to create an experience where families could enjoy quality food and superior entertainment.



2019 Brick Cave Film Festival

Presented by The Sloat Group

Saturday, December 7, 2019

10:00 am - 9:00 pm

The Nile Theater - 105 W. Main Street, Mesa

The Brick Cave Film Festival is a celebration of the wide range of writing talents of Brick Cave Media's authors matched with the unprecedented talent pool of filmmakers worldwide.

2019 Mesa Book Festival

Saturday, December 14, 2019

10:00 am - 5:00 pm

Benedictine University Mesa - 225 E. Main Street, Mesa

The Mesa Book Festival is the annual event to showcase the literary arts in the East Valley. The event was founded in 2017 and has grown in size each year, with over 2,500 patrons visiting in 2018. At the center of the event are 100+ authors, small presses and other publishers across all genres sharing their works. A full day of interactive panels, presentations and performances delivers a fun-filled and entertaining experience for book lovers of all ages. For more info, visit mesabookfestival.com.

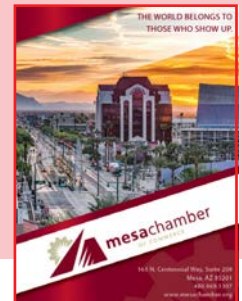
Taste of Mesa

Tuesday, December 17, 2019

5:30 pm - 7:30 pm

Las Palomas Senior Living - 9050 E. Brown Road, Mesa

Taste of Mesa occurs on the third Tuesday of each month. This month, Las Palomas Senior Living invites us to their facility. A great way to make new contacts from the community.



For more information, or to register for an event, please visit the Chamber's website at www.mesachamber.org/events.



Preparing Students for College and Career

No matter a student's future path, Mesa Public Schools provides the education, skills and resources to succeed.



Each child is unique, and there isn't a one-size-fits-all post-secondary path for every high school student. Mesa Public Schools provides comprehensive education and resources for students and families.

Dr. Michael Garcia, director of opportunity and achievement, says the goal is to ensure students are life ready when they leave high school.

"Life-ready students demonstrate skill sets that include self-management, responsible decision-making and the relationship skills necessary to live happy, healthy and productive lives," Garcia says.

Preparing students for college success

Advancement Via Individual Determination, or AVID, helps teachers shift from delivering content to facilitating learning, resulting in an inquiry-based, student-centric classroom. AVID's mission is to close the achievement gap by preparing all students for post-secondary education. Students set goals and work toward them, so they can attend and succeed in college.



"AVID is a different way of thinking," Garcia says. "It is a belief that our students can achieve at high levels if we push them and support them."

The district initiative #cash4college was created to improve district completion rates for the **Free Application for Federal**

Student Aid, or FAFSA. Research shows FAFSA completion directly correlates with students going to college. According to Garcia, the district saw a 45% increase in student college applications in 2018-19. The goal this school year is to increase the FAFSA completion rate to 55%.

Developing passions that turn into careers



Career and Technical Education sets students on pathways to workforce success. Mesa Public Schools CTE offers 24 cutting-edge programs to prepare students for high-skill, in-demand careers, including biotechnology and engineering.

According to **Danny Fisher**, director of Career and Technical Education, national research shows that students who take CTE courses are more likely to graduate from high school and continue their post-secondary education.

"Last year, more than 16,700 Mesa Public Schools students enrolled in CTE programs," Fisher says. "The graduation rate for our CTE concentrators is 97%."

While culinary, welding and automotive are the most popular choices, all programs are growing. Last year, two new programs were added, providing students the opportunity to preview what their future career might look like. In collaboration with Mesa Community College, the district piloted iOS Development curriculum at East Valley Academy and Mesa, Skyline, Superstition and Westwood high schools. The program also provides students the opportunity to earn dual enrollment credits. Skyline High School's home health aide program is flourishing because students enjoy the hands-on nature of the program.

This article was provided by Laurie Struna, Media Communications Specialist, Communications and Engagement for Mesa Public Schools

Mesa Public Schools Wins \$100K Grand Prize

Mesa Public Schools has won the \$100,000 grand prize in the **National Free Application for Federal Student Aid (FAFSA) Completion Challenge**. The award was presented September 18, 2019, at the 2019 National College Access Network (NCAN) conference in Indianapolis, Indiana. The district was recognized for its innovative practices, leadership, effectiveness and sustainability with the FAFSA completion model.

"This is huge for Mesa, our community partners and Arizona," says **Dr. Michael Garcia**, director of opportunity and achievement. "To be recognized on a national level for the work we are doing to support our students is incredibly rewarding. However, we still have much to do so even more Mesa students can gain access to college. This is why we have set another ambitious goal to reach 55% FAFSA completion by June 2020."

"Mesa Public Schools is thrilled to be named the grand prize winner in the National FAFSA Completion Challenge," says **Dr. Ember Conley**, superintendent. "Our students and staff worked

incredibly hard to increase our completion rate last year. This challenge aligns with our 2023 goal of a 95% graduation rate. Data shows that students who complete the FAFSA are 90% more likely to go to college or other postsecondary opportunities. We look forward to continuing this great work to ensure all of our students graduate ready for college, career and community."



Pictured (left to right): **Dino Recla**, district prevention counselor; **Sylvia Symonds**, ASU associate vice president of educational outreach and student services; **Heidi Doxey**, College Success Arizona program manager; **Dr. Michael Garcia**; and **Benjamin Fisher**, district college and career coach.



Artworks Highlight Weather's Beauty and Impact On Our Environment



Do you like watching storms or finding shapes in the clouds? Maybe you imagine what's at the end of a rainbow? Experience the wonder and artistry of weather – with a special emphasis on water and sustainability – this Fall/Winter at the **i.d.e.a. Museum's Weather or Not: Art with Atmosphere** exhibition going on now through January 19, 2020.

Humans have long been fascinated with weather – observing it for its beauty, respecting it for its impact on our planet and people, and studying how to predict it. In this exhibition, you'll discover a variety of artworks that highlight Mother Nature's strength and elegance, as well as the science behind our weather's influences and its significance on the way we live.

Through art and hands-on activities, curious kids of all ages will embark on a fun, scientific adventure. Some of the planned activities include:



Person Holding Umbrella by Matteo Cantonese

- Experience hands-on exploration in the Water Cycle Room (featuring evaporation, condensation and precipitation)
- Be the Meteorologist (green screen activity) – dress up and deliver the weather forecast in the studio and on location – just like a real weather reporter
- Create weather art – make artful representations of snowflakes, watercolor rain paintings and fluffy clouds
- Experiment with light and color at the rainbow arch and prism activity

More than 50 artworks from local, national and international artists will be featured using the following mediums: painting, sculpture, ceramics, mixed-media monotypes, woodcut prints, drawings, glass, fiber, digital photographs, and video.

"We're highlighting the beauty of weather, as well as its impact on our environment, during our upcoming exhibition," said i.d.e.a. Museum Curator **Jeffory Morris**. "The artworks will make you think about the impact weather has on us."

The exhibit is included with regular museum admission (\$9 for ages 1 and older); members are free. For more info visit www.ideaMuseum.org.



150 W. Pepper Place, Mesa, AZ

Mesa's Pioneer Park Named One of the Great Public Spaces by APA



The **American Planning Association (APA)** has named **Pioneer Park** in Mesa, one of six **Great Public Spaces** on APA's annual **Great Places in America** list.

"So many Mesa families have been coming to Pioneer Park for generations," Mayor **John Giles** said. "From the days of playing on the historic train engine to the amazing new playground structures that look and feel like playing in the trees, Pioneer Park is the place our community gathers. I am so proud that the diligent work in both preserving the historic aspects of the park while ushering in a new generation of fun is being recognized nationally by the APA as one of six Great Public Spaces."

APA's Great Places in America program recognizes the streets, neighborhoods and public spaces in the United States demonstrating exceptional character, quality and planning -- attributes that enrich communities, facilitate economic growth, and inspire others around the country. The Great Neighborhoods, Great Streets and Great Public Spaces of 2019 are 13 places that are unique and exemplary in their success stories of revitalization, cultural identity and strong community connection.

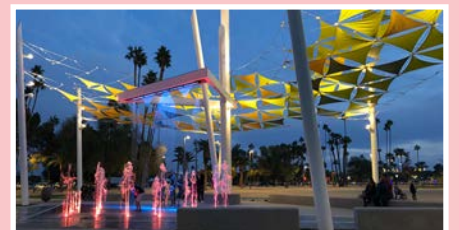
The public spaces recognized this year demonstrate the importance of planning in creating welcoming, multi-use spaces for the entire community to enjoy and come together.



Pioneer Park had fallen into a period of disuse and decay pushing out appropriate family-focused park use. Many learned to avoid the park altogether, until long-time residents came together to reignite the history and beauty that had made Pioneer Park a once-beloved community space.

Community engagement was critical in striking a balance between old and new. Through careful planning, the project managed to preserve historic elements like the train engine, monuments of Mesa's founders, the rose garden and the horseshoe courts, while also enticing visitors with new features. Pioneer Park is now a thriving public

space that is home to a surge of new community events, and it stands as a testament to the value of a truly engaged community planning process.





Fall Restocking of Our Lakes With Bluegill and Bass



On October 23, four of our lakes were restocked with Bluegill and Bass. Lakes 1 and 2 and Lakes 7 and 8 are the four lakes that have the most sport fishing, so they were the lakes that were chosen for our Fall restocking program. Lakes 3 through 6 will be restocked in the Spring of 2020.

The Bluegills were stocked in two sizes: 4"-6" size and 3"-4" size. The Bass were approximately 8"-10" in size.

Pat Ann Church from the **Fresh Catch Fish, Inc.** and **John Knapp**, Dobson Ranch Maintenance Supervisor, were on hand to supervise the restocking procedures.

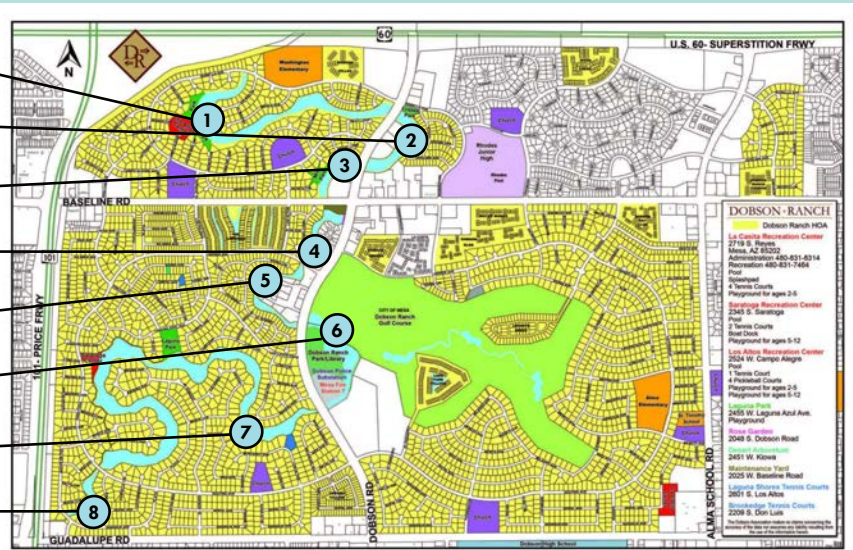
The chart below shows just how many fish were stocked at each lake.

Special thanks to our **Lake Habitat Committee** who are 100% committed to improving the quality of our lakes to promote fishing.

10/23/19	Dobson Ranch	BLUEGILL	BLUEGILL	BASS
Location	Size - Acres	4.5 per lb.	3"-4"	8"-10"
Lake #1	16	14	324	0
Lake #2	6	5	122	31
Lake #3	4	0	0	0
Lake #4	3.2	0	0	0
Lake #5	4.1	0	0	0
Lake #6	0	0	0	0
Lake #7	34.7	32	703	181
Lake #8	2.5	2	51	14
TOTAL	70.5	53	1,200	226

Get To Know Your Lakes By Name

- Lake 1 - Los Altos Lake
- Lake 2 - Frisbee Park Lake
- Lake 3 - Macayo's Lake
- Lake 4 - Memorial Lake
- Lake 5 - Dover Lake
- Lake 6 - City Park Lake
- Lake 7 - Saratoga Lake
- Lake 8 - McBrien Lake





CenturyLink to Expand Network Infrastructure in Gateway Area

To support growing commercial, industrial and residential developments in Mesa's Gateway area, **CenturyLink, Inc.** (NYSE: CTL) will expand its network infrastructure in the area.

"The expansion of CenturyLink's fiber in the Gateway area will help drive the future of Mesa's Elliott Road Technology Corridor," said **John Giles**, Mayor, City of Mesa. "Their new capacity opens the door to major tech company expansions and new business, while keeping Mesa at the forefront of innovation."

This investment includes expanding the current footprint by more than 90 route miles of fiber, creating a ring for the East Valley and allowing customers in the area to purchase protected network services.

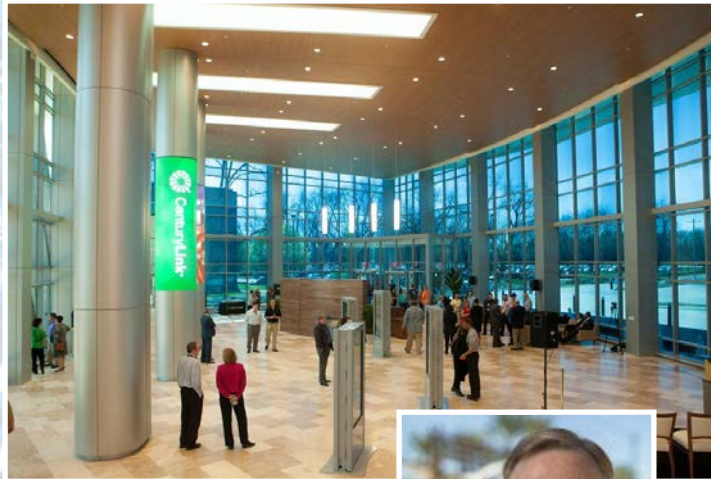
"I'm happy that we were able to bring city staff and CenturyLink together to plan the expansion of their fiber network across the Gateway Airport region and the Technology Corridor," said **Kevin Thompson**, District 6 Councilmember. "This important investment in infrastructure will allow businesses in the area to increase their capabilities and allow them to grow."

The expansion will support new data centers and technology companies planned for the area; the SkyBridge development at the Phoenix-Mesa Gateway Airport; educational institutions including Arizona State University's Polytechnic Campus, Mesa Unified School District and the East Valley Institute of Technology; the newly completed Dignity Health hospital; and numerous other area businesses, as well as consumers.

"With this new investment in Mesa, CenturyLink is demonstrating its commitment to an area that is poised for tremendous growth in Arizona," says **Bob Interdonato**, General Manager, CenturyLink. "We understand the importance of a secure and reliable network that delivers faster connections to support the evolution of business, not only for the Mesa Gateway area, but globally as well."

About CenturyLink:

CenturyLink (NYSE: CTL) is a technology leader delivering hybrid networking, cloud connectivity, and security solutions to customers around the world. Through its extensive global fiber network, CenturyLink provides secure and reliable services to meet the growing digital demands of businesses and consumers. CenturyLink strives to be the trusted connection to the networked world and is focused on delivering technology that enhances the customer experience.



Learn more at <http://news.centurylink.com>.

City of Mesa Mayor John Giles



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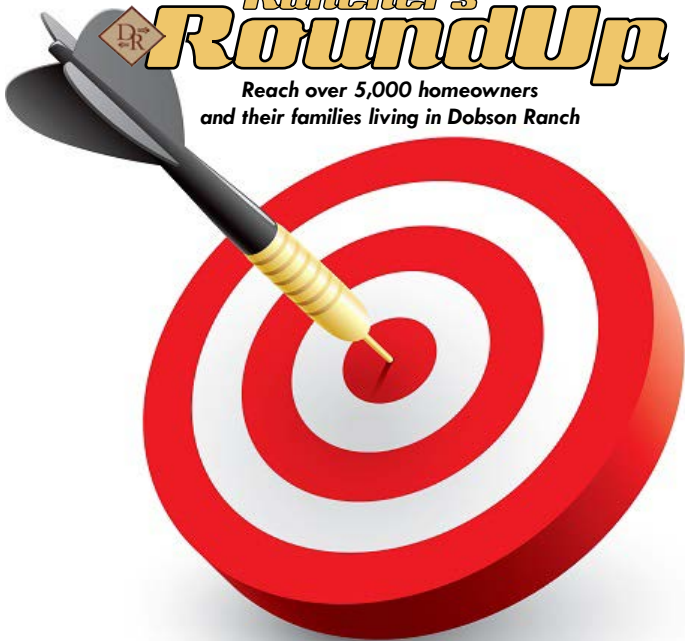


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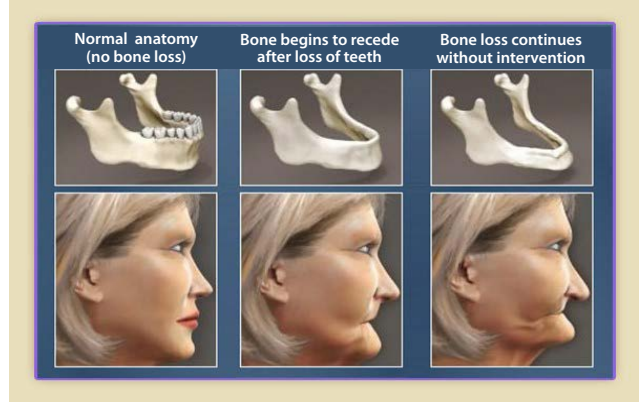
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Common Unknown REASONS Why People Fall or Have Balance Problems. It's Never Because of Age... There's Always a REASON! Now What to Do About It?

By Fall Prevention Specialist, Dr. Lianne Rogers



Are you worried about losing independence because of falls? Are you seeing your friends around you falling and losing their independence?

Here are a couple of common unknown reasons why people fall, and a **SOLUTION** to prevent it from happening.

1. The legs losing perception of where they are: This is a problem that largely goes unrecognized & people have no idea it's happening to them. I often see this when people are falling or having balance problems for what seems like **no apparent reason**. This is simple to find out and there are ways around the problem.

2. Walking slowly & furniture walking: Walking slower makes older people less balanced. Touching furniture and walls while walking is a sign that something is wrong and immediate action is needed to prevent this from becoming a fall!

Want more information & solutions? My new special report provides Actionable Tips that will help you keep or regain your mobility and independence. And the best thing is, it's **100% FREE**, and you're under no obligation to buy anything.

IMPORTANT: For obvious reasons, my offer to send you this report **FREE** must come with a restriction on the number I can mail out... so it's critical that you call **TODAY** and request your free report now.

What To Do Next?

Call: **(480) 216-0019** (Leave a Message 24/7) and choose:

- **Option 1:** Have your **FREE** Report mailed to you.
- **Option 2:** Free Report + **FREE** In Home Balance Screen.

*Author Dr. Lianne Rogers, Physical Therapist, is the owner of **Balance By Li At Home Physical Therapy & Wellness** and specializes in helping people stay active and mobile to remain independent.*



Balancebyli.com • Lianne@balancebyli.com • 480-216-0019



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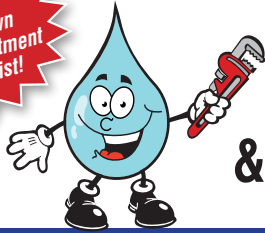


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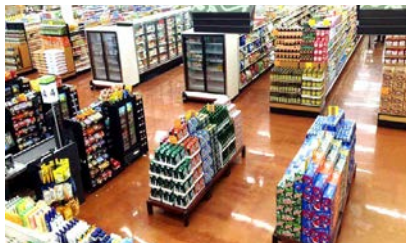
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Calendar of Events NOVEMBER/DECEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
<p>11</p> <p>★VETERAN'S DAY★</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Bridge 12:30 pm Chica Room</p>	<p>12</p> <p>Healing Yoga 8:15 am Grande Room</p> <p>Fitness in the Park 6:00 pm Laguna Park</p> <p>Zumba 6:30 pm Grande Room</p> <p>Architectural Committee Mtg. 6:30 pm Chica Room</p>	<p>13</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Tai Chi Beginner & Intermediate 9:00 am Chica Room</p> <p>Tai Chi Intermediate & Beginner 6:00 pm Grande Room</p>	<p>14</p> <p>Healing Yoga 8:15 am Grande Room</p> <p>Fitness in the Park 6:00 pm Laguna Park</p>	<p>15</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Retirees' Game Day 1:00 pm Chica Room</p> <p>Bunco 6:30 pm Saratoga Room</p>	<p>16</p>  <p>Fall Festival 12:00 pm - 3:00 pm Laguna Park</p> <p>Sunday 17</p>
<p>18</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Retirees' Board Meeting 9:30 am Grande Room</p> <p>Bridge 12:30 pm Chica Room</p> <p>Yoga for Beginners 5:30 pm Saratoga Room</p> <p>Budget and Finance Committee 6:30 pm Grande Room</p>	<p>19</p> <p>Healing Yoga 8:15 am Grande Room</p> <p>Fitness in the Park 6:00 pm Laguna Park</p> <p>Zumba 6:30 pm Grande Room</p> <p>Garden Club 7:00 pm Chica Room</p>	<p>20</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Tai Chi Beginner & Intermediate 9:00 am Chica Room</p> <p>Tai Chi Intermediate & Beginner 6:00 pm Grande Room</p>	<p>21</p> <p>Healing Yoga 8:15 am Grande Room</p> <p>Fitness in the Park 6:00 pm Laguna Park</p> <p>Legante Paseo Board Meeting 6:30 pm Chica Room</p> <p>Board of Directors Open Session 7:00 pm Grande Room</p>	<p>22</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Poker 6:30 pm Saratoga Room</p>	<p>23</p> <p>Sunday 24</p>
<p>25</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Bridge 12:30 pm Chica Room</p> <p>Yoga for Beginners 5:30 pm Saratoga Room</p>	<p>26</p> <p>Healing Yoga 8:15 am Grande Room</p> <p>Fitness in the Park 6:00 pm Laguna Park</p> <p>Zumba 6:30 pm Grande Room</p> <p>Architectural Committee Mtg. 6:30 pm Chica Room</p> <p>Laguna Village Board Meeting 7:00 pm Saratoga Room</p>	<p>27</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Tai Chi Beginner 9:00 am Chica Room</p> <p>Tai Chi Intermediate 6:00 pm Grande Room</p>	<p>28</p>  <p>La Casita Office & Recreation Center Closed for the Holiday</p>	<p>29</p> <p><i>Enjoy your holiday...</i></p> <p>La Casita Office & Recreation Center Closed for the Holiday</p>	<p>30</p> <p>Sunday 1</p> <p>DEC.</p>
<p>2</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Marketing Committee Meeting 8:30 am Chica Room</p> <p>Retirees' General Meeting 9:30 am Grande Room</p> <p>Bridge 12:30 pm Chica Room</p> <p>Yoga for Beginners 5:30 pm Saratoga Room</p> <p>Water Management Meeting 5:30 pm Chica Room</p>	<p>3</p> <p>Healing Yoga 8:15 am Grande Room</p> <p>Recreation Committee Meeting 5:00 pm Chica Room</p> <p>Fitness in the Park 6:00 pm Laguna Park</p> <p>Zumba 6:30 pm Grande Room</p> <p>Legante Paseo Board Meeting 6:30 pm Chica Room</p>	<p>4</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Tai Chi Beginner & Intermediate 9:00 am Chica Room</p> <p>Lake Habitat Committee Mtg. 5:30 pm Chica Room</p> <p>Tai Chi Intermediate & Beginner 6:00 pm Grande Room</p>	<p>5</p> <p>Healing Yoga 8:15 am Grande Room</p> <p>Retirees' Game Day 1:00 pm Chica Room</p> <p>Fitness in the Park 6:00 pm Laguna Park</p>	<p>6</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Master Planning Committee 12:30 pm Chica Room</p>	<p>7</p>  <p>Winter Wonderland 1:30 pm - 3:30 pm 6:30 pm - 8:30 pm Saratoga Recreation Center</p> <p>Sunday 8</p>
<p>9</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Bridge 12:30 pm Chica Room</p> <p>Yoga for Beginners 5:30 pm Saratoga Room</p> <p>Waterworks Board Meeting 6:30 pm Chica Room</p>	<p>10</p> <p>Healing Yoga 8:15 am Grande Room</p> <p>Fitness in the Park 6:00 pm Laguna Park</p> <p>Zumba 6:30 pm Grande Room</p> <p>Architectural Committee Meeting 6:30 pm Chica Room</p>	<p>11</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Tai Chi Beginner & Intermediate 9:00 am Chica Room</p> <p>Tai Chi Intermediate & Beginner 6:00 pm Grande Room</p>	<p>12</p> <p>Healing Yoga 8:15 am Grande Room</p> <p>Fitness in the Park 6:00 pm Laguna Park</p>	<p>13</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Bunco 6:30 pm Saratoga Room</p> <p>Poker 6:30 pm Chica Room</p>	<p>14</p>  <p>Breakfast with Santa 9:00 am & 10:00 am Seatings La Casita Grande Room</p> <p>Sunday 15</p>
<p>16</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Retirees' Board Meeting 9:30 am Grande Room</p> <p>Bridge 12:30 pm Chica Room</p> <p>Yoga for Beginners 5:30 pm Saratoga Room</p> <p>Budget and Finance Committee 6:30 pm Grande Room</p>	<p>17</p> <p>Healing Yoga 8:15 am Grande Room</p> <p>Fitness in the Park 6:00 pm Laguna Park</p> <p>Zumba 6:30 pm Grande Room</p> <p>Garden Club 7:00 pm Chica Room</p>	<p>18</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Tai Chi Beginner & Intermediate 9:00 am Chica Room</p> <p>Tai Chi Intermediate & Beginner 6:00 pm Grande Room</p>	<p>19</p> <p>Healing Yoga 8:15 am Grande Room</p> <p>Fitness in the Park 6:00 pm Laguna Park</p> <p>Board of Directors Open Session 7:00 pm Grande Room</p>	<p>20</p> <p>Fitness in the Park 6:00 am Laguna Park</p> <p>Retirees' Game Day 1:00 pm Chica Room</p>	<p>21</p> <p>Sunday 22</p>